

# TOTALLY *random* THOUGHTS



What is something you have always wanted to learn?

For the week of:

A perfect 'ME' day would include:

Celebrate something you have accomplished (big or small) today or this week.

Name one of your favorite sounds in nature.

You choose: Mountains or Ocean. Why?

What is something you would like to say 'no' to, but feel you can't?

What is a project you have been meaning to start? What is the first step in making that happen?

